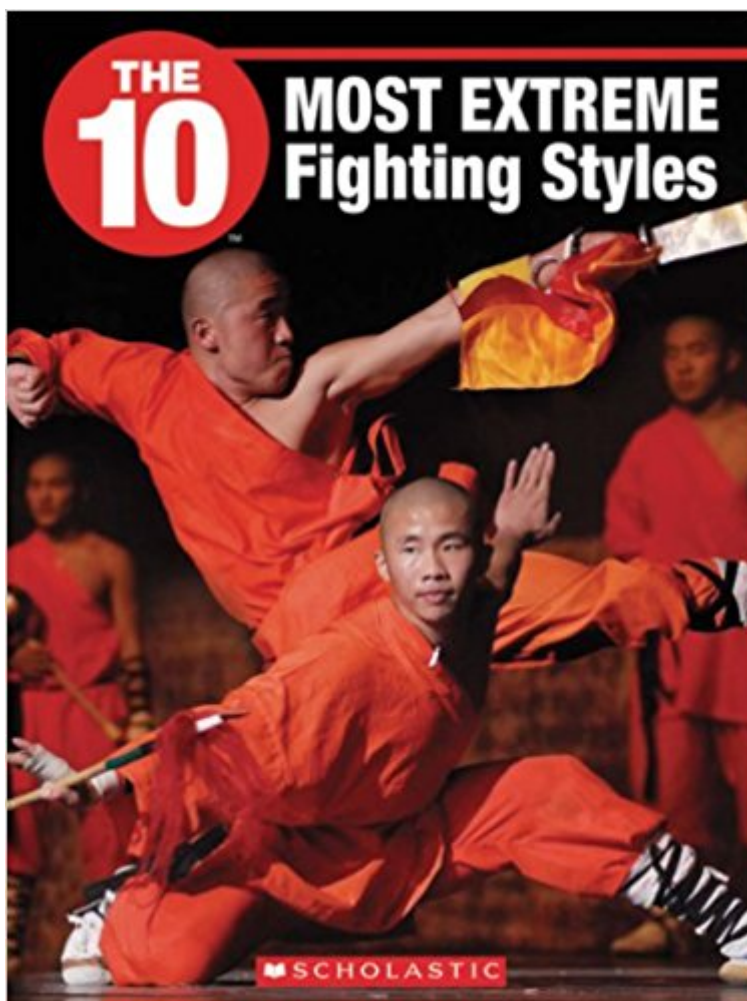


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The 10 Most Extreme Fighting Styles (10 (Franklin Watts))



Synopsis

The 10 Greatest Spies (10 (Franklin Watts)) [Genevieve Mitchess, Jeffrey D. Wilhelm PAPERBACK

Book Information

Series: 10 (Franklin Watts)

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Customer Reviews

The 10 Greatest Spies (10 (Franklin Watts)) [Genevieve Mitchess, Jeffrey D. Wilhelm PAPERBACK

Photographs, history, founder, description, blocks of facts set in a colorful, visually appealing layout--all contribute to the fabulous contents of "The 10 Most Extreme Fighting Styles," one of about 20 in "The 10" (TM) books created by Franklin Watts/Scholastic, school library publishers. Out of all "The 10" books purchased for my school library, this is my favorite. The 10 in each book is set up David Letterman-style: 10 is described first, then numerically backward until the Most Extreme Fighting Style is revealed and described. As this is not a novel with a surprise ending, I will reveal the Number One now: Muay Thai, or Thai boxing. What sets Muay Thai apart is the use of every body part: arms, legs, knees, elbows, shins, feet. But it is also about strength of mind and respect for instructors. The greatest Muay Thai fighter today is Tony Jaa, who stars in [Ong-Bak - The Thai Warrior](#), described as "the greatest cinematic martial arts film." It shows the very deadly street or off-circuit fighting, which can end in death. Other fighting styles include the unique Capoeira, a combination of dance moves, acrobatics, and fighting strikes; Shaolin King Fu (recently demonstrated on the International Dance Competition hosted by Michael Flatley on television). Then there are Aikido, Brazilian Jujutsu, Kendo, Ninjutsu (nijas), Tae Kwon Do, and Shotokan Karate. In addition to the very immense attractiveness of the book itself, what really sets this book apart is the

explanation why the editors chose their order, plus provocative questions, which could be used in classrooms as a prelude to debate or persuasive essays. As a school librarian, I give not only this book, but each and every one in "The 10" series my highest recommendation. These books will fly off the shelves and the taker will be surrounded by a circle of friends to peruse and discuss the contents. The product page lists this book as "young adult" (ages 10 or so through high school), but I can safely say children as young as first grade will want this one.

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